



Maui Serenity Gazette

JANUARY 2024

A.A. on Maui

Central Office

70 Central Ave.,
Suite 1,
Wailuku, Maui, HI
96793

OFFICE HOURS:

Mon., Wed.,
Thurs., Fri.,
10a—4p

Sat. 9a—Noon

808-244-9673

**Phones are
answered
24/7**

AA Meeting schedules can be found online:

www.aamaui.org

To receive this newsletter via email, send request to:

info@aamaui.org

AA Approved Literature is available at Central Office



Step One

*We admitted we were powerless over alcohol
— that our lives had become unmanageable*

Step 1 stands as the crucial foundation for recovery. This pivotal step marks the beginning of a transformative journey towards sobriety, emphasizing the profound significance the principle of honesty.

At its core, Step 1 demands rigorous honesty from individuals confronting alcohol addiction. The admission of powerlessness is, in essence, an honest reckoning with the reality that the grip of alcohol has become insurmountable. It requires an authentic acknowledgment that attempts to control drinking have failed, shattering the illusion of control over the substance. In this admission, a raw and unfiltered honesty emerges, breaking down the walls of denial and self-deception.

The principle of honesty is woven into the fabric of Step 1, compelling individuals to confront the undeniable truth about the unmanageability of their lives. This unmanageability extends beyond the physical act of drinking, seeping into relationships, professional endeavors, and overall well-being. Honest introspection reveals the havoc wreaked by alcohol, dismantling the façade of a functional life and laying bare the wreckage left in its wake.

Moreover, Step 1 encourages individuals to be honest about the emotional damage of addiction and to acknowledge the pain, remorse, and despair that accompany a life entangled with alcohol. This emotional honesty is a vital catalyst for change, as it motivates individuals to seek liberation from the “chains” of addiction and to begin a journey towards healing.

The honesty embedded in Step 1 leads to the recognition of that lack of power was their dilemma. Admitting powerlessness invites individuals to seek the needed power and engage with the supportive community within AA. This honesty within the group fosters an environment where individuals can share their struggles without judgment, fostering a sense of belonging and understanding.

In conclusion, Alcoholics Anonymous Step 1, with its admission of powerlessness and unmanageability, underscores the transformative power of honesty as a necessary first step. This honesty is a “beacon” guiding individuals out of the shadows of denial and into the light of self-awareness. It is the cornerstone upon which recovery is built, fostering a genuine commitment to change and providing a solid footing for the subsequent steps in the journey towards lasting sobriety.

Maui AA Announcement

BIG MAHALO

to the following groups for hosting our
2023 Holiday Alkathons:
Kihei Morning Serenity
Upcountry Sunrise
Maui Sunset



Meeting Guide is a free-of-charge meeting finder app.

The app helps people find A.A. meetings and resources near them. A.A. service entities provide the meeting data for the app. Meeting Guide is available for iOS and Android smartphones.

Meeting Guide syncs with area, district, intergroup/central offices and international general service office websites, relaying meeting information from more than 400 A.A. service entities directly to the app.



[CLICK HERE](#)

More Info: Other Island Contacts

Oahu AA

808. 946. 1438

oahuaa.org

West Hawai'i AA (Kona)

808. 329. 1212

westhawaiiiaa.org

Kaua'i AA

808. 245. 6677

kauaiaa.org

East Hawai'i AA (Hilo & Puna)

808. 961. 6133

easthawaiiiaa.org

ALCOHOLICS ANONYMOUS

Maui A.A. Intergroup of Hawaii, Inc.



Material from GSO

INSIDE ALCOHOLICS ANONYMOUS



Participating in A.A.

Most A.A. members participate by going to meetings at their local groups. But there are many opportunities for service in A.A., and most of us have found that volunteering to do service improves the quality of our recovery. We freely share our time and talent in an effort to stay sober and carry the message of Alcoholics Anonymous to those who are suffering from alcoholism. In other words, you get what you give.

Getting involved in A.A. service

A.A.'s Twelfth Step suggests that we carry the message of recovery. That is the basic service that A.A. provides. Any action that helps A.A. to function as a whole is service. Most A.A. members start out providing service in their group.

Service in the Group

In A.A., everything starts with the group — it is the place where recovery begins for most alcoholics and is the basic building block of the entire Fellowship. But, for a group to keep going, all kinds of service must be done.

It is through the combined efforts and ongoing commitment of group members that:

- A meeting place is readily available and maintained
- Meetings are arranged for the benefit of the alcoholics in attendance
- Calls for help are answered
- Voluntary contributions are collected to keep the group and the Fellowship going financially.
- Literature is provided for all members and ... local group meetings are made available.
- Continuing contact is sustained with the rest of A.A.



For more information click [here](#)

The Seventh Tradition states:

*“Every A.A. group ought to
be fully self-supporting,
declining outside*

contributions.” While

contributions cover each

group's rent and other

expenses, the Seventh

Tradition is essential

at every level of A.A. service.

It is both a privilege and a

responsibility for groups

and members to ensure

that not only their group,

but also their

intergroup/central office,

local services, district,

area, and the General Service

Office remain

self-supporting. This keeps

A.A. free of outside influences that

might divert us from our

primary purpose —

*to help the alcoholic who still
suffers.*

- source aa.org

Where to Send Contributions:

Contributions to Maui Intergroup

Make checks payable to:

Maui AA (include Group name, #)

70 Central Ave, **Suite #1**, Wailuku, HI 96793

Members may contribute online

aamaui.com



Contributions to Districts

Make checks payable to:

each individual District, include Group name, #

Kihei District #11 P.O. Box 815, Puunene, HI 96784

No Ka Oi District #5 P.O. Box 843, Puunene, HI 96784

TriIsland District #13 P.O. Box 11814, Lahaina, HI 96761

Contributions to GSO

Make checks payable to:

GENERAL FUND

General Service Office

PO BOX 2407

James A Farley Station

New York, NY 10116-2407

Contributions to Hawaii Area 17

Make checks payable to:

Hawaii Area Committee (include Group name, #)

Hawaii Area Committee

PO Box 1413 Honolulu, HI 96806

MAHALO!

TRADITION ONE:

“OUR COMMON WELFARE SHOULD COME FIRST;
PERSONAL RECOVERY DEPENDS UPON A.A. UNITY.”

When my sponsor first introduced me to the traditions he stated something like this; The Steps keep us from harming ourselves, the Traditions keep us from harming each other.

Whenever I am reading traditions with another alcoholic or discussing traditions in a group I remember that the traditions are guides for the groups. AA does not have any rules, just suggestions and guidelines. I have learned that the results will probably not be good if one does not follow suggestions, an alcoholic who does not work the steps and practice the principles in all our affairs is likely to drink again. A group that does not follow the traditions will eventually cease to exist. So I try my best to take suggestions and follow guidelines.

The traditions have a short form and a long form. Both forms are found in the “Big Book’ and in the “Twelve and Twelve.” The short form says to me that I must do my best to keep the AA group together. For without the AA group I cannot find the fellowship I need to support my recovery. I need the AA program and the AA fellowship for my personal recovery. I need to actively participate in meetings, not just show up and attend. I must practice the 12 steps daily and incorporate the principles into all of my life. I need to be of service to AA meetings and AA as a whole. I need to work with my sponsor and sponsor other men. I cannot do all these requirements without a healthy AA group holding regular meetings. I need the group, bottom line.

An early form of tradition one is found in Language of the Heart from July 1946. “Each member of Alcoholics Anonymous is but a part of a great whole. AA must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward.” This is the long form of tradition one in the Twelve and Twelve.

I enjoy looking at all of the AA literature to try and learn as much as I can about where AA comes from and what it’s all about. In this early long form of tradition one I get some information that is not conveyed as strongly in the short form. First is a spiritual idea that we are all part of a great whole. I interpret this as an AA member is part of a group, and the group is part of AA as a whole. I also believe this is a larger concept that is a part of my personal spirituality. My consciousness is a small part of the great universal spirit of God. Through working the steps, I lessen my huge ego to become a child of God and more conscious of God in everything.

The long form reminds me that alcoholism is a fatal illness. Without recovery I will surely die. My life depends on AA unity. Our common welfare comes first.

- Anonymous

Another Perspective

STEP ONE: We admitted we were powerless over alcohol – that our lives had become unmanageable.

I remember the first time I wrote out my step one. In my writing, I realized it had taken me over a year to fully concede to my innermost self that I was an Alcoholic as described on page 21 of the Big Book of Alcoholics Anonymous. That innermost feeling came about when I became willing to go to any lengths (*Alcoholic Anonymous pg58*), when, I finally asked the hardest question I have asked in AA, "Will you be my sponsor?" For me, *that* was conceding to my innermost self. I wasn't sure if he would say yes. I was full of fear and self-centered pride at the thought that I, needed someone else's help. That was the beginning of me being honest, which is the principle we learn when truly understanding this step. The writing came when that sponsor insisted I go to a 12-step workshop facilitated by a dude named Colin. Honestly, that workshop taught me the most important thing I do today- any guesses??? It taught me how to sponsor others through the program. Here is how I do that... for Step 1 (short form) ... hahaha.

I ask my man to read every single page to page 43 and then answer some questions, in detail. Before I go over what they have written for Step 1, I pop quiz them on the Preface and the Forwards to see how honest they are, and if they did the reading or not! I lied when I was asked if I first read (supposed to) all of it. Honesty does not come easy when you have been a professional liar for three decades before coming into A.A. (I'm just being honest folks). I also pop quiz to see what they retain. Then, I go over with them, my favorite parts of everything up to page 43. I do a lot of talking at that point (shocking I know). I am passionate about that portion of our book. Sponsors should be passionate and do most of the talking, otherwise, your Sponsee may turn you into a psychologist telling you all of their problems. Honestly!

Here are a few of my favorite questions to have them write on:

1. If other people have told you how you have hurt them, then write down what they said.
2. Describe any memory lapses where you can't account for where you were and or how you got home—through others telling you what you did.
3. Describe incidents where you expressed inappropriate anger towards other people.
4. Can you pinpoint one time period in your life when your life began to become extremely unmanageable? If so, describe that period of time and what was happening.
5. Is there one final incident or insight that made you realize that your life was unmanageable? If so, describe it in detail.
6. Would you hire yourself to manage your life? Consider new management! Can you NOW fully concede to your innermost self?

- Mahalo & Aloha from Alohadave - Hair of the Dog "Love All Serve All"



INTERGROUP MONTHLY MEETING - DECEMBER 2023

Call To Order: Christopher (Chair) - Open with the Serenity Prayer

PRESENT: Chris (Chair), Jim (Treasurer), Michelle (Central Office), Karen (Recording Sec./Wailuku Speaker), Kevin (Sunday Beach), Kimo (Dist. 5/PI Chair/Hair of the Dog), Brooks (Upcountry Sunrise), Val (KMS), Ben (Maui Sunset), Bedusha (Wailuku Group), Mark (High In the Sky), Traci (TTOSBT Online), Danielle (HICYPAA), Jesse (guest).

Introduction of Steering Committee and Intergroup Reps/Prior Meeting Minutes - Read and Approved

REPORTS

Steering Committee Report (Christopher)

- Saturday morning phone person needed at Central Office; 9-12:00; 1yr sobriety/1yr on island.
- Sending Michelle to PRASSA next year as our Intergroup Rep.
- Discussion of including all groups in 7th tradition listing in Gazette (Dec. Gazette).

Treasurer's Report (Jim H.) - Approved

Central Office Report (Michelle)

- January Gazette: Step 1 (Brooks); Tradition 1 (Jim)
- Thursday afternoon Phone shift is covered.
- Friday Night phone from 4pm - 10am, need coverage.
- A new computer was donated to Central Office (yay!)

Hawaii Area or Maui Dist. Reports (Kimo)

- Dist. 5/CPC, GSR Inventory will be on the Big Island on Jan. 20-21, 2024.

INTERGROUP REP GROUP REPORTS

- Kevin (Sunday Beach), need a treasurer and Intergroup rep.
- Mark (High in the Sky), Steady attendance and all commitments full.
- Kimo (Hair of the Dog), need Treasurer, turn over of commitments end of the year
- Brooks (Upcountry Sunrise), turn over of commitments at year end, Hosting NYE Alkathon.
- Danielle (HICYPAA), 4 service positions filled, looking for location of state wide event facility, dates August - early Oct.
- Bedusha (Wailuku Group), good attendance, most commitments filled, new meeting started on Wed. @ 6:30pm at Good Shepard Church in Wailuku.
- Ben (Maui Sunset), hosted Thanksgiving Alkathon
- Traci (TTOSBT alternate), need secretaries.
- Karen (Wailuku Speaker), new secretary starting in January, need Gate Keeper position (2 year commitment?).

OLD BUSINESS

- Christmas Alkathon 24 hours (Michelle to confirm).
- New Years Alkathon is being hosted by Upcountry Sunrise (24 hours).

NEW BUSINESS:

- 2024 BUDGET done.

TAKE BACK TO GROUPS

Phone person needed (C.O.) for Friday night, 4pm - 10am (1yr sobriety/1yr Maui resident)

Phone person needed (C.O.) for Sat. 9am-12 noon, (1yr sobriety/1yr Maui resident)

Contact Upcountry Sunrise if you can volunteer for NY Alkathon.

Closed meeting with the Declaration of Unity - NEXT MEETING: January 13, 2024.

CONTRIBUTING GROUPS	December	2023 YTD
11th Step Meditation Kihei	\$198.75	\$750.75
11th Step Meditation Pukalani		\$147.75
Alana Ohana		\$1,265.54
Anonymous Contributions		\$1,020.00
Aloha Friday		\$135.00
Back To Basics		\$0.00
Can Do Maui-Lahaina Group		\$450.00
CDM Mens Stag Tues, Kihei	\$300.00	\$800.00
Club 449		\$437.00
Dawn Patrol		\$0.00
Food For Thought		\$0.00
Going To Any Lengths		\$0.00
Hair of the Dog		\$492.39
Hana Group		\$100.00
Happy Hour	\$264.23	\$1,426.26
Hawaii AA Ohana		\$1,916.83
HICYPAA		\$0.00
High In The Sky	\$2,523.39	\$2,523.39
Honokawai Beach		\$1,400.00
Intergroup - Monthly Meeting		\$341.00
Kahana Sober Wahines		\$200.00
Kahana Spinners		\$600.00
Kihei Beach Group	\$146.00	\$146.00
Kihei District 11		\$0.00
Kihei Morning Serenity	\$167.47	\$707.56
Keep It Simple		\$75.00
Ladies Night - Lahaina	\$60.00	\$60.00
Lahaina Whalers		\$70.00
L.I.T.S		\$53.60
Maui Sunset	\$574.52	\$1,715.28
Misfit Toys		\$1,304.90
Maui Strong		\$0.00
No Ka Oi Group		\$170.00
Online Contributions	\$2,015.57	\$12,136.38
Paniolo Group		\$247.50
Primary Purpose		\$998.07
S. A. M. Meeting		\$0.00
Sober & Crazy		\$155.00
Saturday Night Speakers		\$348.00
Spot Check		\$20.00
Sisters Of Sobriety		\$0.00
Something Better Than Gold		\$528.00
Straight Pepper Diet		\$300.00
Steps to Freedom		\$0.00
To Thine Own Self Be True	\$959.00	\$3,604.00
TTOSB (online meeting)	\$185.00	\$985.50
Tri-Island District 13		\$100.00
Twisted Sisters		\$0.00
Upcountry Speaker		\$0.00
Upcountry Sunrise	\$149.00	\$1,404.00
Upon Awakening		\$125.00
Wailuku Group	\$150.00	\$490.00
Wake Up Call		\$101.00
We Agnostics		\$218.00
Womens AA Way of Life		\$700.00
MONTHLY TOTAL	\$7,692.93	\$40,768.70

OPERATING ACCOUNT BALANCE SHEET	
INFLOW: December	
DESCRIPTION	AMOUNT
Starting Balance	\$9,607.78
Total Group Contributions	\$7,692.93
NYE Alkathon Contributions	\$611.00
December Liturature sales	\$590.20
Xmas Alkathon Contributions	\$456.00
TOTAL INFLOW MONTH	\$9,350.13
YEAR TO DATE INFLOW	\$55,082.13
OUTFLOW: December	
DESCRIPTION	AMOUNT
Haran Development (rent)	\$525.00
Mgr salary first 1/2 December	\$630.00
Hawaiian Tel (Call Forwarding)	\$24.68
NYE Alkathon Seed	\$300.00
MOBI (office cell phone)	\$29.55
Spectrum (Internet)	\$86.27
IRS Federal Withholding Tax	\$572.16
Hawaii State Withholding Tax	\$188.30
Mgr salary last 1/2 December	\$630.00
Office Supplies (legal paper)	\$18.52
TOTAL OUTFLOW MONTH	\$3,004.48
YEAR TO DATE OUTFLOW	\$40,782.04
THIS MONTH NET INFLOW:	\$6,345.65
YTD NET INFLOW:	\$14,300.09
ENDING BALANCE	\$15,953.43
Prudent Reserve	\$11,513.96

Maui AA Intergroup thanks you for your generous contributions!

Without your financial support, Central Office cannot exist to serve A.A. members and groups on Maui.



HICYPAA Hosts SPAGHETTI NIGHT IN PAIA

JANUARY 14TH @ 5PM

Heritage Hall

401 Baldwin Ave,
Paia HI 96779



\$20

SPEAKER MEETING @ 6PM-7PM

**THIS IS AN OUTREACH EVENT FOR HICYPAA 2024.
ALL DONATIONS WILL GO TOWARDS CARRYING THE MESSAGE.
MAHALO FOR THE SUPPORT!**



THANK YOU TO OUR CENTRAL OFFICE VOLUNTEERS!

**OFFICE: ANN, DAVE S.,
BILL L., JIMMY JAMES.
PHONES: BILL D., KIMO,
KEVIN M., PAMELA, TINA
G., KRISTINA, JIM H.,
MATTY.**

KEEP IT SIMPLE
ONE DAY AT A TIME

Keep Coming Back

Contact *Maui Serenity
Gazette*

808-244-9673

70 Central Ave., Suite 1,
Wailuku, HI 96793

The Maui Serenity Gazette is published monthly in electronic format in an effort to keep costs

down.. We also print a number of copies for those without computers. See your Intergroup Rep for a free copy. To register for FREE email delivery, send your email address to: info@aamaui.org.

The Gazette is also online at:
aamaui.org/gazette

You can contribute articles on any A.A. subject. Anything you wish

to submit should be received by the end of each month to be included the next month. Full Submission Guidelines are also on the website listed above.

Articles are not intended to be statements of A.A. policy, nor does publication of any article imply endorsement by either AA or the Maui Serenity Gazette. Please submit any criticism or suggestions without hesitation.